Year 8 Curriculum Term 2 2023-24

> E-ACT Royton & Crompton Academy

THINK BIG SHOW TEAM SPIRIT PO THE RIGHT THING





Year 8 Curriculum Term 2 2023-24



Miss S Moxham





Miss A Jacob



At E-ACT Royton & Crompton Academy we offer our students a wide range of subjects. Our curriculum is well planned, engaging, challenging and encourages a thirst for knowledge and learning. Our key values of Honesty, Excellence and Aspiration underpin and support everything that we do in every lesson and across the academy.

- A Curriculum for ALL (No child left behind)
- Knowledge-rich (sequence clearly articulated)
- Ambitious (with a focus on Teaching to the Top)
- Emphasis on long term memory and recall

The information in this curriculum booklet tells you everything that you need to know about what your child will be studying, from September to December and the key knowledge they will be developing in each subject area.

We have high expectations for every student in our academy and we focus on the principle of opening minds and opening doors through a world class education system.

If you require any further details about the progress that your child is making, please contact Miss S Moxham, Director of Key Stage 3, sinaed.moxham@rca.e-act.org.uk.

If you require any further details about the curriculum, please contact Miss A Jacob, Deputy Headteacher-Amanda.Jacob@rca.e-act.org.uk

Alternatively, our SEND co-ordinator Mrs S McDermott, Stacey.McDermott@rca.e-act.org.uk, who will be happy to provide you with further information about how we can support the individual needs of your child.

Below are the heads of departments for each subject, if you have any specific questions around our subjects, please contact them via the email addresses given.

Miss <u>M Graham</u>	Head of English maria.graham@rca.e-act.org.uk	Mrs J Hill	Head of Food jennifer.hill@rca.e-act.org.uk
Mr M <u>Mulgrew</u>	Head of Maths michaem.mulgrew@rca.e-act.org.uk	Mrs H Beveridge	Head of History helen.beveridge@rca.e-act.org.uk
Mr C <u>Davies</u>	Head of Science carl.davies@rca.e-act.org.uk	Mrs V Sayer	Head of Spanish victoria.sayer@rca.e-act.org.uk
Mrs C <u>Asiaw-Lodg</u>	e Head of Science claire.asiaw-lodge@rca.e-act.org.uk	Mrs P Mulgrew	Head of Music philippa.mulgrew@rca.e-act.org.uk
Miss F Wrigley	Head of Art & DT fiona.wrigley@rca.e-act.org.uk		
		Mr L Maguire	Head of ICT lee.maguire@rca.e-act.org.uk
Mrs S Bloor	Head of PSHCE sarah.bloor@rca.e-act.org.uk	Ms L Mulvana-Kinl	in Head of RE louise.mulvana@rca.e-act.org.uk
Mrs L Brock	Head of Geography lauren.brock@rca.e-act.org.uk	Mrs V Jackson	Head of PE & Dance victoria.jackson@rca.e-act.org.uk

<u>English</u>

	Composite	Vehicle (Topic)	Components		D	iscipl	inary K	nowle	dge	
				Threads of Knowledge	Socio- Political	Ideas	Analysis	Articulation	Craft	Structure
	лvеу а		What is the difference between the terms mental health and mental illness?	Learning from the past		x	x	x		
Half Term	l write an article to convey viewpoint on mental health/differences?		Can I understand and compare different perspectives on mental illness?	Classics	x		x	x		
	irticle t on I iffere	Learning from the Past: Attitudes towards	Can I learn the skill of evaluation?	Identity					x	x
3	ite an a ewpoin ealth/d	difference	How does 19th Century fiction reveal attitudes towards mental health?	Learning from the past	x		x x			
	Can I wr vie h		Assessment End Point: Can I write an article to convey a viewpoint on mental health?	Media and Culture	x	x		x x x x x		
	e use reate		What are the features of a Shakespearean tragedy?	Learning from the past	x				x	x
Half Term	espear te to c dy?		What did the Elizabethans believe about fate?	Classics	Х	x				
	hake of fat rage	Shakespeare: Romeo and Juliet	How does the prologue introduce the theme of fate?	Identity		x	х			
4	bes S me (his t		Can I track the theme of fate in a performance of the play?	Relationships		x				x
	How does Shakespeare use the theme of fate to create his tragedy?		Assessment End Point: Can I analyse the key scenes that illustrate Romeo and Juliet relationship?	Media and Culture		x	x	x		x

<u>Maths</u>

	Composite	Vehicle (Topic)	Components	Threads of Knowledge	Fluency of mental calculations	Fluency of written calculations	Apply key vocabulary	Investigate patterns and make conclusions	Apply algebra in order to interleave topics				
			Area and Perimeter of 2D shapes	Geometry	x	x	x	x					
	app ulato		Component 1 Assessment - Area and perimeter of squa	ares, rectangles	and triang	les (retrieva	al from prev	vious half te	rms)				
	an l nipu		Substitution and formula manipulation	Algebra		x	x		x				
	on: Can l appl o manipulate		Component 2 Assessment - Collect like terms, substitut	te in formula (re	etrieval fror	m area and	perimeter/	/previous ha	lf terms)				
Half Term 3	ipulatio ation to terms?	Algebraic	Form and solve expressions from geometry.	Geometry			x		x				
	Manipulatior c notation to terms?	Manipulation	Expanding brackets using geometric facts	Geometry			x		x				
	/lan not		Component 3 and 4 Assessment - Form expressions fro	Component 3 and 4 Assessment - Form expressions from area and perimeter, expand and simplify single brackets (retrieva									
	iic N aic		from area and perimeter/substitution/collecting like te	rms/previous h	alf terms)	1	1						
	S manipulation: Can I apply algebraic Manipulation: Can I apply algebraic notation to manipulate terms?		Translations	Geometry			x	x					
			Component 5 Assessment - Translate any shape on all	•		area/perin	neter/subs	titution/coll	ecting like				
	Ali		terms/forming expressions/expanding single brackets/	Number	rms)								
			Factors, Multiples and Primes	Application	x		x	x					
	orle			Number									
	al x		Highest Common Factor, Lowest Common Multiple	Application		x	x	x					
	the real world decimals and es.		Component 1 and 2 Assessment - Recognise prime nun	nbers below 30	, find HCF a	nd LCM of	any 2-digit	numbers (re	etrieval				
	the dec		from previous half terms)										
	oration to th fractions, de percentages	Number Explorations	Percentages	Number Application		~	~		×				
Half Term 4	tior ctic	to the real world	Component 3 Assessment - Find percentages of amour		igit nercent	X	X Val from pr	imes/HCE ar	x				
	ora fra		LCM/previous half terms)	its with any 2 a	igit percent		var nom pr						
	Number exploration to the real world: Developing fractions, decimals and percentages.		Reflections	Geometry			x	x					
	elop		Component 4 Assessment - Reflect any shape in all 4 q	,	val from pr	imes/HCF a	nd LCM/pe		an				
	l mb		amount/previous half terms)										
			Maths Week	Number Application	x	x	x	x	x				

<u>Science</u>

					Di	sciplinary	Knowle	-
	Composite	Organisms: Breathing Big Idea 1 Organ he gases exchanged	Components	Threads of Knowledge	Scientific methods	Apparatus and techniques	Data Analysis	Using evidence to develop explanations
			Retrieval 1a Describing different organ systems in the body		х			
	F		Retrieval What are the similarities and differences between animal and plant cells?		X			
	Syster		Retrieval How are cells specialized to carry out their function?	Dig Idaa 1				
	atory		Retrieval How do we use a microscope to look at cells?	Big Idea 1	X	X		
	kespir	Breathing	Big Write - Robert Hooke	Organisms				x
Half	The F	Organisms: Breathing Hi	How do the diaphragm and ribcage move when we breath in and out?		X			
Tawaa			How is gas exchanged in humans?		X			
Term			What effects can disease and lifestyle have on the breathing system?					
3	Recall t	Big Idea 1 Orgo	anisms - Breathing Assessed Work d in the lungs, describe the respiratory system					
5			What are the components of a healthy diet?		Х			
	Digestive System		What are the effects of an unbalanced diet?	Big Idea 1	X			
	e Sy	0.90.00	How do organs in our body digest food?	-	X			
	estiv	Digestion	How are our organs adapted for digestion?	Organisms				
	Dig	Но	How are enzymes involved in digestion?					
		Dia Literat	Careers Lesson					
			Organisms - Part 2 Assessment hysical and chemical digestion					

ience						Disciplinary	y Knowle	dge
	Composite	Matter: The Periodic Table Wh Me Wh Me Wh elent r - Assessed work perties of different group Matter: Elements and	Retrieval How can we use the particle model	Threads of Knowledge	Scientific methods	Apparatus and techniques	Data Analysis	Using evidence to develop
			Retrieval How can we use the particle model to describe solids, liquids and gases?		х			
	The Periodic Table		Retrieval What happens to the particles when ice melts or water freezes?		X			
		Mattor	Retrieval 2b How can distillation be used to purify substances?	Matter	X	x		
	riod		How is the periodic table organized?		X			X
Half	lhe Pe		What are the properties of the Transition Metals					X
Term	-		What are the properties of the Group 1 metals?					x
			What the properties of the Group 7 elements?					X
	ig Idea 2 Matter - Assessed work Describe the properties of different g		oups of elements in the periodic table					
			How are compounds formed and named?		Х			
		Matter:	How are word equations used to show chemical reactions?	Big Idea 2:				
		Compounds	What are polymers and what are their properties?	Matter	x			
		μ	Big Write Dmitri Mendeleev					х

<u>History</u>

							Discip	linary Know	edge		
	Composite	Topic Components		Threads of Knowledge	Knowledge and understanding of the key features, chronology and characteristics of the period.	second-order I Change and	nalyse historical eve historical concepts. Cause and	ents and period	Similarity and	Analyse, evaluate and use sources (contemporary to the period) to make substantiated judgements, in the	and make substantiated judgements about interpretations in the context of
						Continuity	consequence		difference	context of historical events studied.	historical events studied.
Half Term	ire or	How did the British Empire impact on the	-	Empire, trade, Democracy and Power	x		x			x	
Ŭ	ı, empire			Empire, trade, Democracy and Power	x	x	x		x	x	
	ustrialisat	Australia?	Empire, trade, Democracy and Power	x	x	x			x		
			Empire, trade, Democracy and Power, migration	x	x				x	x	
		provenance ide	essment point- knowledg entified, one way in which ntify and describe ways	n source is useful to an hi	istorian is identii	fied) signifie	cance (how dia	d the British	empire impo	act on the world	
	e mod	involvement with	1: What was Africa like before the transatlantic slave trade?	Trade, democracy and power, social history	x	x				x	
Half Term 4	ide th	the transatlantic slave trade?	2: What was the slave trade?	Trade, democracy and power	x					x	
	What ma		3 What was Britain and Oldham's involvement in the transatlantic slave trade?	Trade, social history	x					x	

Geography

	Composite	Vehicle (Topic)	Components			Disciplina	ry Knowledge	
				Threads of Knowledge	Knowledge	Understanding	Application	Skills
Half Term	cold	Antarctica	What is the cryosphere?	Physical Geography, Location and place knowledge	X	X		
3	que,		What is Antarctica like?	Physical Geography, Human Geography, Geographical skills and fieldwork	X			X
	jo t		in cold environments?	Physical Geography	Х	X		
	The importance of unic environments		Assessment: Ex Students are a			als adapt to	survive the c	old climates
Half	impo		Tourism in Antarctica	Human Geography, Physical Geography	X	x		
Term 4	The		How is climate change effecting Antarctica?	Human Geography, Physical Geography		X	Х	

<u>Spanish</u>

		Vehicle		Threads of		Disciplinary	Knowledge					
	Composite	(Topic) Components	Components	Knowledge	Listening	Speaking	Reading	Writing				
			What do you do in your free time	Present Tense	Х	X	Х	Х				
			and when?	Nouns	Х	X	Х	Х				
Half	free time.		Assessment End point Students will be able to use a range of free time activities and sports with time phrases and the time, to say what they and others do in their free time.									
rm 3	/ fre			Present Tense	Х	X	Х	Х				
	l do in my		What do you like to do in your	Nouns	Х	X	Х	X				
				Opinions and reasons	Х	X	Х	X				
	Libre. What I do in	Free Time	Assessment End point Students will be asked to read alor opinions and reasons. The text wil		-	nt activities and sports w	vith times and time fre	equencies, and				
	o Lil			Future Tenses	Х		X	Х				
	d E		What are you going to do in your	Nouns	Х		X	X				
lf rm 4	/El Tie			Opinions and Reasons	Х			Х				
Free Time/El Tiempo		Assessment End point Students will be able to identify a Students will be able to recognise including answering a comprehens	a variety of free tin	ne activities and sports			· · · · · · · · · · · · · · · · · · ·					

Disciplinary Knowledge Knowledge and understanding of Threads of Reflection Critical Interpretation Empathy and thinking and Composite Vehicle (Topic) Components and and Analysis Respect Knowledge religion Evaluation Evaluation What did Mahatma Gandhi do? Religious and Cultural Х Χ Χ Х Х identity What is Purposeful What was the impact of Gandhi's work Beliefs and Practices Hinduism Х Х Х Х Living? What can we learn from Gandhi? Religious and Cultural Χ Χ Х Χ Half Term 3 identity What is authority? Ethical dilemmas Χ Who is Prophet Muhammad? The origins of the Qur'an and it's authority Where do Muslims Islam The role of other Prophets in Islam find Authority? Beliefs and Practices Х Х Х The Sunnah and Hadith as sources of authority Angels as a source of authority in Islam Half Term 4 What is Shar'iah Law? Ethical dilemmas What is truth? Х Х Х What do we mean Buddhism Who is Siddartha Gautama? Beliefs and Practices by Truth? Χ Χ **Divergent sources of Authority in** Χ Χ Islam and how these can be seen as a Х source of morality for Muslims. **Assessment End point** Χ Х The origins of Buddhism Х

Life Skills

						Disciplinary Kr	ciplinary Knowledge			
	Composite	Торіс	Components	Threads of Knowledge	Knowledge and Understanding	Skills Development - Decision Making, Problem Solving, Communication	Values and Attitudes	Application and Reflection		
	(0		What is consent?		Х	X	Х	Х		
	ship:		What does a healthy relationship look like?		X			X		
Half Term	ldentity and Relationships	Peer PressureSexuality, Gender & Identity - Are they the same thing?RelationshipsXXHow can peer pressure affect relationships?How can peer pressure affect relationships?EducationXX	x	X	X					
3	3 guilt a guil		How can peer pressure affect relationships?		Х	X	X	X		
	entity a		What is acceptable touching amongst my peers?	_	X	X	X X	X		
	P		Is sexting dangerous?		Х	X	X	X		
	ээц		What effects do drugs have in the body? Alcohol		X	X		X		
Half Term	ıflue		Is binge drinking dangerous?	Health and	Х	X	X	X		
4	ing Ir	Drugs	Is it safe to vape?	Wellbeing	Х	X	Х	X		
	esting Influence 4		Can drugs effect your mental health?		Х		Х	X		
			How can drugs affect your future?		X		Х	X		

<u>Music</u>

								_	T
	Composite	Торіс	Components	Threads of Knowledge	Listening	Performing	Knowledge Signature Solution X X X X X X X X X X X X X	Rehearsing	
			1. How is music used in video games?	Pitch, rhythm, timbre, texture	X				
Half Term 3	mbre?	games 4. Refining my theme Pitch, rhythm, timbre, texture X 5. Learning to playwidee game music	X		х				
	ore tir	Exploring music for video	3. Creating a theme for a characterPitch, textu4. Refining my themePitch, textu5. Learning to play video game musicPitch,	, , , ,	X		x		
	Can l explore timbre?	games	4. Refining my theme		X		x		
	Can		5. Learning to play video game music	Pitch, rhythm	х	х		x	
			6. Refining my performance	Pitch, rhythm	х	х		x	
Create and perfor	m themes for video g	ame characters, using per	ntatonic and chromatic scales, disjunt r	novement, staccato					
	c		1. Changing and adding	Pitch, rhythm, structure	х	х	х		
			2. Augmentation and diminution	Pitch, rhythm, structure	х	х	X		
Half Term 4	ructi		3. Major to minor	Pitch, rhythm, structure	х	х	х		
	Can l explore structure in music?		4. Retrograde, inversion, retrograde inversion	Pitch, rhythm, structure	x	x	x		
	l exp		5. Create my variations	Pitch, rhythm, structure, texture	x	x	x	x	
	Car		6. Refine and improve my variations	Pitch, rhythm, structure, texture	х	х	x	x	

<u>D&T</u>

						₹ ₹ <u></u> EB3 EC1						
	Composite	Vehicle (Topic)	Components	Threads of Knowledge	DA-Designing		1	MB-Making	EA-Evaluating	EB-Evaluating	EC-Evaluating	TK - Technical Knowledge
Half Term 3	, te		What influence has Alessi had on design?	Evaluating						EB3	EC1	
	appropriate /hen using 1 to a given		Designing using Alessi principles	Designing	DA2 8 9 10							
	e appropriat when using in to a given	ţ	Manufacture-Stage one -Marking out	Making				MB 1 MB 7 MB 9				ТК1 ТК2
Half Term 4		ith me	Manufacture-Stage two -cutting and shaping	Making				MB 1 MB 7 MB 9				ТК1 ТК2
	emonstrate and metho cture a solu ssign brief?	ک ک	Manufacture-Stage Three -marking and drilling	Making				MB 1 MB 7 MB 9				ТК1 ТК2
	id demon nent and i nufacture design	ufactu	Manufacture-Stage Four - Finishing	Making			MA1 1					
	can I select and demonstrate th tools, equipment and methods metals to manufacture a solutic design brief?	Man	Materials-Metals	Technical Knowledge								ТК1 ТК2
	Can I se tools, ∈ metals		Testing and evaluating	Evaluating					EA 1			
	ů, e		Assossment End point: Pupils will:						235			

Assessment End point: Pupils will:

- know about the Alessi company and how to correctly identify products designed and made by them.

- combine ideas from a range of sources to generate creative ideas based upon the Alessi company.

- mark out, cut, shape, drill and finish a given metal to produce a pre designed product.

- know the properties of different metals and know how to classify them.

- test and alter a product throughout its production to ensure it functions as required when completed.

-evaluate their final product against the original specification and suggest further improvements and modifications that could be made to their product.

					Disciplinary Knowledg				
	Composite	Vehicle (Topic)	Components	Threads of Knowledge	Investigating	Experimenting	Recording	Responding	
Half Term 3	dues	Our Living World	Introduction to the theme of 'Our Living World'	F.E. Contemporary and traditional artists and art movements	Х		X		
	igate artists and ols and techniques their work?		Ernest Haeckel research, photography and collage artwork	F.E. Contemporary and traditional artists and art movements, Media and materials	X	X	X		
Half Term 4	Can you investigate experiment with tools a inspired by their		Angie Lewin Research and water colour emulation	F.E. Contemporary and traditional artists and art movements, Media and materials	X	X	Х		
			Pattern through printmaking	F.E. Media and materials		X	X	X	

Assessment points: Title page 'Our Living World' - Investigation and documentation of your visual and written research of the theme. Angie Lewin Emulation - Accuracy of line and shape within your emulation/artist study.

		Disciplinary Know											
<u>Digital</u> Literacy		Composite	Vehicle (Topic)	Components	Threads of Knowledge	Computer Networks	Programming and coding	Software application	Cybersecurity	Internet skills	Hardware		
		tent rs?	•	Website building blocks	Computing systems, Programming	X	x			X			
		ath the content our browsers?	web.	Words are not enough	Computing systems, Programming	x	x			X			
		the r br	the	Taking shortcuts	Computing systems	X	x			x			
	Half Term 3	beneath the see in our bro	Developing for the	Searching the web	Computing systems, Data and information, Programming	x	x			X			
		lies we :		Tightening the web	Computing systems, Impact of technology, Programming	x	x			x			
		What that		Navigating the web	Impact of technology, Programming	X	x			X			
			As	sessment End po	pint								
				Across time and space	Creating media, Design and development, Programming		x				x		
		n a		Lights and drums	Creating media, Programming		x				x		
		and transferred in a	uos	Binary digits	Creating media, Design and development, Effective use of tools, Programming		x				x		
	Half	l trans	clay to silicon	Numbers in binary	Algorithms, Computing systems, Networks	x	x				x		
	Term 4	a stored system?	is – from	Large quantities	Creating media, Design and development, Effective use of tools, Networks, Programming, Safety and security	x	x				x		
		How is data computer sy	Representation	Turing's mug	Design and development, Data and information, Effective use of tools, Impact of technology		x				x		

Food Technology

							D	isciplinary Knowl	edge						
	Composite	Vehicle (Topic	Components	Threads of Knowledge	DA- Designing	DB - Desiging	MA- Making	MB-Making	EA- Evaluating	EB- Evaluating	EC- Evaluating	TK - Technical Knowledge			
Half Term 1	Dietary goals recommended for ensuring a healthy diet.		Base line rest to recap Eatwell guide and dietary Hygiene and safety recap - working safely within the kitchen, safe food storage and food temperature.	Dietary Goals knowledge	DA 2					EB2					
			Introduction to the Dietary goals, Eat less Fat, Eat less Salt and Eat les Sugar - Eat less Fat knowledge		DA 2 DA11										
	mmer	The dietary goals	Chilli Con Carne, Fat levels in meat and consumer choice	Making							EC1				
Half Term 2	s reco		Dietary goals knowledge - Eat less Sugar	Dietary Goals Knowledge	DA1	DB5 DB6 DB9									
	vietary goals iealthy diet.		Sweet muffins practical use of fruit to replace sugar	Making								TK2 TK4 TK18			
			Dietary goals knowledge - Eat less Salt	Dietary Goals knowledge		DB1 DB6	MA7					TK17			
			,	Assessment End point											
Half Term 3	Dietary goals recommended for ensuring a healthy diet. 너		Dietary goals knowledge - Eat more Fibre	Dietary Goals knowledge	DA2 8 9 10										
		nmended fo diet.	nmended fo diet.	nmended fo diet.		Practical - Flapjack eat more fibre	Making			MA 1 MA 7	MB 1 MB 7 MB 9				ТК1 ТК2
Half Term 4					nmenc diet.	nmenc diet.		Revision	Dietary Goals knowledge			MA 1 MA 7	MB 1 MB 7 MB 9		
	recon althy	The dietary goals	Exam and Evaluation	Evaluation			MA 1 MA 7	MB 1 MB 7 MB 9				TK1 TK2			
	als a he		Balanced Meals - Fajitas practical	Making			MA11	1110 3							
	/ 8c		Practical developments and evaluation	Evaluation								ТК1 ТК2			
	Dietary ensurir		Feedback	Feedback					EA 1 2 3 5						

<u>Drama</u>

Disciplinary Knowledge	
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	Composite	Vehicle (Topic)	Components	Threads of Knowledge	Theatre History	Acting Techniques	Stagecraft	Theatre Production	Cultural and Historical Context	Physical Theatre	Theatre Criticism
Half Term	Practitioners		1. Brecht and Epic Theatre	Devising	х		x	x	x		x
3			2. Brechtian Techniques	Devising	х				x		
		Bertolt	3. Character Exploration	Tone		х	х	x			
		meatre	4. The Caucasian Chalk Circle/Fear and Misery of the Third Reich	Rehearsing	х	x	x	x	x		
			5. Performance and Evaluation	Performing		x	x	x		x	x
			Assessment End point: Perfo	ormance of an extract	(scripted p	lay)					
Half Term			1. Verbatim Theatre	Devising	х				x		
4	Verbatim Theatre	Miccing: Don	2. Presenting Verbatim Theatre	Performing	x	x	x	x	x	x	
			3. Monologue Preparation and Performance	Performing	x	x	x	x		x	x

<u>PE</u>			_			Disciplir	ary Knowl	edge		
Composite	Vehicle (Topic)	Components	Threads of Knowledge	Fundamental skills	Rules and Regulations	Tactical Understanding	Fitness and Conditioning	Outwitting an opponent	Healthy Lifestyle Choices	Improving performance
	Football,	Effective passing and receiving	Physical Skills			x				
		Spatial awareness	Physical Skills					X		
INVASION	Rugby	Teamworking skills	Leadership			х				
GAMES		outwitting your opponent	Tactics and Techniques					X		
		shooting techniques	Tactics and Techniques			х				
		effective competition	Leadership	х						x
	Dance	Development of actions, dynamics, space and relationship	Physical Skills	x					x	
	Dance	Development of actions, dynamics, space and relationship	Physical Skills							
AESTHETIC		Performing 2-3 different styles of dance	Interpretive				x		x	
		Linking themes and motifs to performance	Interpretive	x					X	
SPORTS		Developing performance skills	Interpretive						x	x
		Working as a group, duet and/or solo	Leadership			x			x	
		Evaluating choreography and performance	Leadership						х	x
		s are assed in 2 key areas; LEADERSHIP SKILLS & PHYSICAL SKILLS. Studen some bones and demonstrate developing physical skills and performanc		, approxima	ely 5-8 stu	udents, confi	dently identi	fy and str	etch key	muscle
INDIVIDUAL		Able to identify a range of muscles and link to different sports	Tactics and Techniques				x		x	
SPORT	Fitness	Identify some of the skeletal system	Leadership				x			
		Set targets and review progress	Leadership							x
		complete fitness tests and show improvements over time	Leadership							x
PROBLEM		Understand map reading skills, advancing further from the main building	leadership						x	
	Orienteering	Team working skills and problem solving	leadership						x	
		Cross curricular links	Interpretive skills						x	x