

## **Physical Education, Sport and Competition**

At Royton and Crompton Academy we aim to inspire all students through competitive sport and physical activities. Our students are given the opportunity to be involved in leadership activities alongside becoming physically confident through a variety of interform competitions held throughout the academic year. We believe that opportunities to compete in sport, demonstrate leadership and engage in physical activities help to build character and confidence in our young people, alongside embedding values such as teamwork, honesty, fairness and respect. We want our students to be healthy active citizens for life, both mentally and physically, and we believe it is important that our students understand the benefits of exercise and adopt good habits which will impact on their lifestyles over time.